## **SKELETAL SYSTEM QUIZ**

Answer the following 10 questions on the skeletal system to the best or your ability. You will be able to check your answers at a later date.

1. How many bones does the adult human body have?

|    | a.     | 210   |
|----|--------|---|
|    | b.     | 206   |
|    | c.     | 180   |
|    | d.     | 126   |
| 2. | The A  | xial skeleton is comprised of bones.                      |
|    |        | 90  |
|    | b.     | 126   |
|    | c.     | 60  |
|    | d.     | 80  |
| 3. | The h  | uman vertebrae are classified as which type of bone?      |
|    |        | Long  |
|    |        | Irregular   |
|    |        | Flat  |
|    | d.     | Short   |
| 4. | Which  | bone is the longest and strongest bone in the human body? |
|    |        | Cranium   |
|    | b.     | Femur   |
|    | c.     | Tibia   |
|    | d.     | Radius  |
| 5. | The ri | bs, sternum and scapulae are all what type of bone?       |
|    |        | Long  |
|    |        | Flat  |
|    | c.     | Short   |
|    | d.     | Irregular   |
| 6. | Tendo  | ns hold muscle to bone.                                   |
|    | a.     | True  |
|    | b.     | False   |
|    |        |   |

| 7.   | How many bones make up the human spine?          |   |  |
|--|--|---|--|
|  | a.   | 7   |  |
|  | b.   | 33  |  |
|  | c.   | 20  |  |
|  | d.   | 25  |  |
| 8.   | The Appendicular skeleton is comprised of bones. |   |  |
|  | a.   | 126   |  |
|  | b.   | 100   |  |
|  | c.   | 80  |  |
|  | d.   | 110   |  |
| 9.   | Ligaments hold bone to bone.                     |   |  |
|  | a.   | True  |  |
|  | b.   | False   |  |
| 10   | . Which  | of the following bones listed is an example of a "long" bone? |  |
|  | a.   | Ribs  |  |
|  | b.   | Ulna  |  |
|  | c.   | Phalanges   |  |
|  | d.   | Mandible  |  |
| 11. Which of the following bones listed is an example of a short bone? |  |   |  |
|  | a.   | Femur   |  |
|  | b.   | Cranium   |  |
|  | c.   | Carpals   |  |
|  | d.   | Radius  |  |
| 12.  | .The "s  | ternum" is a very important bone that protects the            |  |
|  | a.   | Brain   |  |
|  | b.   | Heart   |  |
|  | c.   | Lungs   |  |
|  | d.   | Liver   |  |
|  |  |   |  |